

■ Ultimate All-Seasons Women's Packing Guide

■■■ Summer Packing List

For the Sea

- 2–3 swimsuits (bikini/one-piece mix)
- Beach cover-up
- Flip-flops or waterproof sandals
- Wide-brim hat + sunglasses
- SPF 50 sunscreen + after-sun lotion
- Light dresses, shorts, tank tops
- Waterproof beach tote

For the Mountains

- Breathable hiking pants + quick-dry tops
- Sports bras + activewear layers
- Hiking boots + cushioned socks
- Lightweight rain jacket
- Cap/hat + sunglasses
- Refillable water bottle + hydration pack

For the City

- Linen/cotton dresses + skirts
- Stylish flats or sneakers
- Light cardigan or blazer
- Crossbody anti-theft bag
- Chic scarf
- Minimal jewelry

For the Countryside

- Casual shorts + cotton tees
- Comfy sandals/trainers
- Straw hat + light sweater
- Picnic blanket + bug spray
- Tote or day bag

■ Autumn Packing List

For the Sea

- Maxi dress + light cardigan
- Closed shoes (loafers or flats)
- Swimsuit (warmer coasts)
- Trench coat for breezy evenings
- Crossbody bag

For the Mountains

- Waterproof jacket
- Hiking boots + wool socks
- Thermal base layers
- Fleece jacket
- Gloves + beanie

For the City

- Long-sleeve tops + jeans
- Light trench or leather jacket
- Ankle boots
- Neutral scarf
- Umbrella

For the Countryside

- Denim or corduroy pants
- Knit sweaters
- Rain boots or ankle boots
- Blanket scarf
- Waterproof jacket



Winter Packing List

For the Sea

- 2 swimsuits
- Sundresses + light cover-ups
- Flip-flops or sandals
- Shawl for cool evenings
- Sunglasses + SPF

For the Mountains

- Thermal underwear (2–3 sets)
- Ski jacket + pants
- Snow boots
- Wool sweaters
- Gloves, hat, scarf
- Ski goggles + sunscreen

For the City

- Warm coat (wool, parka, or puffer)
- Boots with grip soles
- Thermal tights/leggings
- Wool scarf, hat, gloves
- Crossbody bag
- Layered outfits

For the Countryside

- Parka or quilted jacket
- Waterproof boots
- Chunky sweaters
- Wool socks
- Travel blanket

■ Spring Packing List

For the Sea

- Light dress + cardigan
- Swimsuit (warm coasts)
- Sandals + sneakers
- Hat + scarf
- Light jacket

For the Mountains

- Layered activewear
- Fleece or softshell jacket
- Hiking boots
- Rain jacket
- Sunglasses

For the City

- Trench coat
- Comfortable flats or sneakers
- Light sweaters + blouses
- Midi skirt or tailored pants
- Crossbody bag

For the Countryside

- Jeans + cotton tops
- Rain jacket + boots
- Knit sweater
- Scarf
- Picnic bag

■ Essentials Every Woman Should Always Pack

- Passport + travel insurance
- Sunglasses + SPF
- Refillable water bottle
- Compact umbrella
- Phone charger + power bank
- Travel-sized toiletries
- Crossbody bag
- Scarf (style, warmth, modesty)